Chicopee Register

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Bellamy students hungry for education 'Science to Cooking' class lets students hone culinary skills By Dalton Zbierski Staff Writer Bellamy Middle School, seventh and eighth grade students have the opportunity to partake in a delicious course on the regular. Aptly-titled "Science Intro to Cooking," the 10-week class presents local teens with a platform to tone their culinary skills. "It's a brand new class; we do lots of different foods. During the quarter, they make breakfast, lunch, dinner, snacks, desserts and salads. This past quarter, we made humus, guacamole and salsa,' said instructor Tara Furkey. Students can opt to take the class as a "tutorial" or an "exploratory," said Furkey. From Zara Robitaille, Megan Koobenschleg, Davyd Gura learning to operate different and Kayla Chhoun study the science of cooking in Bellamy Middle School.

EDUCATION

School Committee seat remains vacant

By Dalton Zbierski Staff Writer

See **COOKING** page 16

On the evening of Feb. 4, School Committee matters once again infiltrated the realm of City Council. Several public speakers took to the podium in City Hall to voice opinions regarding how the city should handle the vacant At-Large School Committee seat.

The seat became available representative Michael Pise left the board to accept a position as Mayor John Vieau's Chief of Staff. At the current time, the path forward remains uncertain.

A strong number of residents, teachers and administrators are in favor of eliminating the seat altogether. Such an action would create an 11-person committee and thwart voting gridlocks that have been sparked in the past by the existence of 12 voters.

Others are in favor of filling the seat, re-introducing the board to its normal procedure. A handful of residents have already expressed interest in filling the vacancy; one such individual, longtime educator John Mruk, spoke publicly during last week's meeting.

"I have a passion for education and care for the working conditions and support that we provide our teachers This is early January when longtime my 53rd year teaching. Next fall, I'll begin my 54th year of teaching," said Mruk, former president of the Chicopee Education Association.

> Mruk spent nearly two decades as a math teacher at Chicopee High School before becoming a Math Department chair for Ellington, Connecticut, public schools.

> Over the course of a career that has spanned more than half-a-century, Mruk has received a number of awards. He listed an Excellence in Teach

ing Award from the University Connecticut's Alumni Association and a Presidential Award for Excellence in Mathematics Teaching as being among them.

Today, Mruk is employed by Elms College as a lecturer in mathematics. On Feb. 4, Mruk spent more than seven minutes sharing his long list of achievements.

"I have provided 12 workshops at different high schools throughout the state of Connecticut, I've have presented two presentations on the state level and one presentation on the national level in Jacksonville, Florida," he said.

Ward 9 School Committee member Marybeth Costello took to the microphone immediately after Mruk stepped down.

If a city charter change cannot be made to eliminate the open seat. Costello voiced her stern opinion that there are many qualified candidates

who are capable of joining the board. Failing to appear before City Council as a public speaker should not eliminate anyone from contention.

STAFF PHOTO BY DALTON ZBIERSKI

The School Committee has received several resumes; several letters of an interest of intent to be appointed," she said. "It is my suggestion that when we meet as a group, a joint meeting between the City Council and the School Committee, that meeting should be publicly televised so that these individuals who have taken the time to write a resume and a letter of intent can be interviewed on TV and can explain their background and experience."

City Council President Shane Brooks agreed with Costello's recommendation. He noted that the council will be in contact with the School Committee chair to set up a future meeting.

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RIVERMILLS

Funding gap closed at **RiverMills**

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COMMUNITY

Vets raise a flag in neighborhood

See Page 3



PUBLIC SAFETY

Police educate about hands-free regulations

See Page 3



Parker hits milestone

See Page 9

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Gap closed at RiverMills with \$200,000 in state funds

By Dalton Zbierski Staff Writer

A promise to the city has been fulfilled and all those affiliated with the RiverMills Center have reason to smile.

The "Close the Gap" campaign is complete, and after five years, the Friends of Senior Citizens Inc. have successfully paid back \$2 million to the city.

'Raising \$2 million is a huge accomplishment for all of us. We're feeling so relieved, it's off our minds and now we can use the money that we do raise moving forward for programming," said Council on Aging Executive Director Sherry Manyak.

Chicopee seniors were ushered into a new era when the new \$8.2 million senior center opened on West Main Street in September of 2014. To aid in the construction process and alleviate a city burden, the Friends of Chicopee Seniors Inc. pledged to pay back \$2 million.

On Feb. 4, the office of Sen. Eric Lesser announced \$200,000 in funding for the Friends. The money allowed the nonprofit organization to make good on the promise, ending its five-year journey.

'I am proud to be here today to add to all of the hard work done over the years by volunteers, committee members, and our seniors. Because of them, today we announce \$200,000 in funding for the Friends of the RiverMills Center's 'Close the Gap' campaign and celebrate the end



SUBMITTED PHOTO

State Sen. Eric Lesser (left) poses with former City Treasurer Ernest Laflamme, state Rep. Joseph Wagner and Mayor John Vieau, celebrating the end of the "Close the Gap" campaign for the RiverMills Center.

of their fundraising efforts so that generations of Chicopee seniors can come and enjoy this center for years to come," said Lesser during an appearance at the center on Feb. 4.

Hundreds of seniors, benefactors, citizens and COA staff members dedicated themselves to the fundraising effort that took 64 months to complete. Former City Treasurer Ernest Laflamme was instrumental to campaign; last Monday, he reflected on the magnitude of the accomplishment.

"Today is a great day! I am overjoyed that we reached our goal," he said. "This was no easy task, but with the help of our community and businesses in Chicopee we were able to reach our commitment of \$2 million to the city. I am so grateful to Senator Lesser and our legislative delegation."

A number of local businesses and private entities contributed to the endeavor. Most notable among them were Peoples-Bank, Polish National Credit Union, Chicopee Savings Charitable Foundation (an affiliate of Westfield Bank), the Chicopee Rotary Club, the LeFleur family and Fre-

"It's fantastic; I think every dollar that we collected and every donation has important," said Manyak. "It got us to where we are. It doesn't matter how much money you have; everyone of us contributed a little bit. That means a lot to see everyone join forces to finish this."

Manyak noted that, on average, 300 people visit the center each day. She divulged that "we're actually maxed out in

With the gap closed, fundraising efforts will shift focus. Manyak even mentioned the possibility of an expansion further down the line.

Mayor John Vieau is no stranger to the RiverMills Center. As City Council President, he led meetings in the building while City Hall was in the process of its

Vieau thanked Lesser, Rep. Joseph Wagner and Sen. James Welch for their commitment to the project and made note of a variety of contributors. From his perspective, all of them played a significant role.

"It is comforting to know how much they believe in the benefits and programs that our senior center has to offer," said Vieau.

Westfield Bank awards more than \$300,000 to local nonprofits

WESTFIELD - Westfield Bank announced that "The Future Fund," a philanthropic endeavor dedicated to supporting local 501c3 organizations that have a positive impact on the region's educational, recreational, cultural, and social wellbeing, awarded more than \$300,000 to more than 40 organizations in Western Massachusetts and northern Connecticut in 2019.

Grant recipients included Friends of the Holyoke Soldiers Home; Girls Inc. of the Valley; The Boys & Girls Club of Chicopee; Junior Achievement of Southwest New England, and Make-A-Wish Massachusetts and Rhode Island.

According to James C. Hagan, president and CEO of Westfield Bank, the Future Fund awards hundreds of thousands of dollars in grants each year to qualifying organizations whole applications are accepted.

'There are so many people and groups in our communities that have devoted themselves to making life better for all of us, and especially the young people who represent our future," Hagan said, "and we know that supplying needed services presents financial and logistical challenges that grow with each passing year. The Future Fund, and Westfield Bank, are dedicated to providing needed support to worthy organizations that enrich and define life in the towns and cities we serve."

Westfield Bank established The Future Fund in 2002 in response to pressing community needs and shrinking sources of corporate philanthropy. The Future Fund's primary, but not exclusive, funding priority is to fund projects that benefit children. The Future Fund accepts written applications from organizations with 501c3 status that serve Westfield Bank's market area, with grants awarded by determination of the fund's directors. The deadline to submit 2020 grant applications is Tuesday, March 31. More information, including guidelines, eligibility rules, and a downloadable grant application form, is online at westfieldbank.com/ about/future-fund.



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Chicopee Register OBITUARY

POLICY

Turley Publications offers two types of obituaries.

One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral date and place.

The other is a **Paid** Obituary, costing \$120, which allows families to publish extended death notice information of their own choice and may include a photograph.

Death Notices & Paid Obituaries

should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.

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Chicopee vets raise a flag on Mayflower Avenue

By Dalton Zbierski Staff Writer

A patriotic gesture has caught the attention of one Chicopee neighborhood. Sparked by a mutual love for their country, four local veterans installed a flagpole and raised an American flag in the cul-desec at the end of Mayflower Avenue.

Retired military members Jim Demers, Rick Hoar, Jeremy Brown and Carl Roy gathered last October in an effort to spruce up the bland patch of grass in the cul-de-sac at the end of their street. After much discussion, the veterans decided to raise an American flag.

"On a warm Saturday in November, we dug the hole, planted the flagpole and put in all of the appropriate hardware. Later, with help from a gentleman from [Sign Techniques Inc.] we planted an American Bald Eagle on top," said Demers, a retired Army medic.

The flag now flies for 24 hours each day. A solar-powered light ensures that the flag is illuminated during the night, in accordance to the U.S. Flag Code.

All four men split the \$200 cost of installation. The final product lived up to their vision.

"It's very pleasant to look at," said Demers. "When you drive down the street, you can see the flag and the big "Just seeing how the soldiers are appreciated today that are coming back from the Middle East, it makes my heart feel good. We want to replicate that by letting any veteran or any American who drives by our cul-de-sac to see just how we feel about our girls and boys that are overseas. If they drive down our street, they'll know they're home."

- Jim Demers, Chicopee

eagle on the top of it.

As they went about the task, the veterans faced no resistance from their neighbors. Thanks in large part to their extensive communication, the task was well-executed.

"There really weren't any problems," said Demers. "I was very fortunate to have the three other guys who are very smart, very clever and very healthy. We bartered and we bought everything we needed. We met in my cellar to plan it out."

While stationed at Fort Sam Houston in San Antonio, Texas, Demers tended to injured soldiers returning from the Vietnam War. Upon their arrival home, he recalled that soldiers were "not treated very nicely and not because of what they had done"

Today, Demers considers himself fortunate to reside in a city that reveres its veterans. The recently installed flag and flagpole at the end of Mayflower Avenue serves as a reminder that the nation's troops are recognized for their service and commended for the sacrifices that they've made.

"Just seeing how the soldiers are appreciated today that are coming back from the Middle East, it makes my heart feel good," said Demers. "We want to replicate that by letting any veteran or any American who drives by our cul-desac to see just how we feel about our girls and boys that are overseas. If they drive down our street, they'll know they're home."

Thanks to the efforts of local veterans (not pictured) Jim Demers, Rick Hoar, Jeremy Brown and Carl Roy, an American flag now waves at the cul-de-sac at the end of Mayflower Avenue.

STAFF PHOTO BY DALTON ZBIERSKI



New hands-free bill demands full attention of area motorists

By Dalton Zbierski *Staff Writer*

Safe drivers rejoice, Massachusetts police officers will soon be able to crack down on distracted driving in a more effective manner than ever before. When the new hands-free driving law goes into effect on Feb. 23, stringent restrictions will be placed on cellphone usage behind the wheel.

Drivers over the age of 18-years-old will be allowed to use cellphones only in hands-free mode and will not be permitted to hold any electronic devices. Under the law, drivers can only touch their phones when they are mounted to the windshield, dashboard or center console; any form of texting is illegal.

"This new hands-free law is not about generating revenue or writing as many tickets as we can. This is about safety. As police officers, we see far too many people on their phones, texting, taking pictures, surfing Facebook or whatever the case may be," said Michael Wilk, public information officer for the

Chicopee Police Department.

Those who violate the hands-free law will be issued warnings through March 31 of this year. At that point, first-time offenders will be fined \$100.

The punishment for a second offense is \$250 and the mandatory completion of a districted driving education program for a second offense. A third offense warrants a \$500 fine, an insurance surcharge and the mandatory completion of the same education program.

"The way this law was written before was that you could use your phone to make a phone call but not to do anything else internet related," said Wilk. "It was difficult to be able to prove if someone was punching in a phone number or texting/punching in a search engine on the internet. It made it difficult to basically enforce that type of law. Now, it's very simple. If your phone is in your hand, you're going to have an issue."

The law allows drivers to swipe a mounted phone once in order to answer a call or adjust a GPS. To make a call, Wilk advises drivers to pull into a parking lot;

texting or calling from the side of the road while operating a vehicle is still considered illegal.

Ahead of the changes, Chicopee police officers have taken notice of what will soon be considered illegal conduct. Plain clothes officers have been stationed at several intersections.

Wilk recalled a memorable interaction that occurred while he was on the road helping shoot a "driving safety commercial" for the Department of Transportation.

"We were behind a car, and we

watched a woman sit through an entire green light cycle on her phone texting. As soon as the light went red, she went, and I had to pull her over for going right on red and we ended up having a conversation, but she sat through an entire green light cycle," he said.

Wilk reminds residents that police officers are "trained observers." They are fully prepared to enforce the law as of Feb. 23. For more information that pertains to the nature of the changes, one can visit the department's Facebook page.

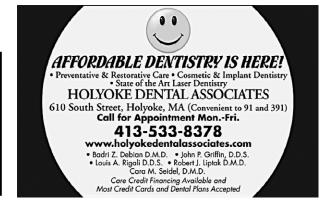
VACANCY from page 1

Costello continued to explain the benefits of hosting such an event. Besides being "an appropriate way to handle the appointment," she believes that an open meeting will benefit taxpayers, who will be given the chance to offer input and ask questions to potential candidates.

"A televised meeting and question-and-answer period will move our government to have an open meeting, a fair process and transparency. This is simply for you to consider; a joint meeting that we're going to have at some point, we should be considering an open process," said Costello to members of City Council.

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Vieau announces commitment | Elms College art exhibit features to city park improvements

Chicopee Mayor John Vieau visited the Lincoln Grove Spray Park Feb. 6 to announce his commitment to park improvements in the city.

"I concur with the Chicopee Park Commission's commitment to install a new spray park at this location," Vieau said. "In addition to all the families living in the neighborhood, we have over 50 families who receive early childcare services in the immediate vicinity of Lincoln Grove Park."

Both the Children's Creative Corner and the Holyoke/Chicopee/Springfield Head Start child care centers welcomed the opportunity for their families to have input in the design process. Over the next week those families will be selecting their favorite theme from the project boards delivered Feb. 6.

The three themes - Garden, Pond, and Ocean - each have accessible elements for every age group from toddlers

Voting will end on Feb. 14 and that is when the project will head into design. The city's goal is to have the new spray park open this summer. The project will be funded with federal Community Development Block Grant funds.

work of Springfield couple

The Borgia Gallery at Elms College features the work of married Springfield painters Andrae and Priya Nadkari Green in a month-long exhibition.

Titled "Ambidextrous," the exhibit is open for viewing now through March 2 during the hours of 8:30 a.m. to 4 p.m. each day, except college holidays and closures. The gallery is located on the second floor of the Dooley College Center on the campus, 291 Springfield St.

The exhibit celebrates the spirit of competition, collaboration and partnership. Each time the show travels, the work changes, and it is a chance to see their work in conversation with each other observing similarities, differences and the effect of the two bodies in harmony.

The artists have been married for the better part of the last decade and while they work separately in their respective styles, they find inspiration in similar experiences and concepts. The couple recently began working together through public art projects, teaching together, as well as challenging each other to "paint battles" where they both paint at the same time in their own styles.

'Sweetheart Dance' to benefit Harmony House this Saturday

The Knights of Columbus Council 4044, Harmony House and the Pioneer Valley Harley Owners Group announced a "Sweetheart Dinner and Dance" to take place this Saturday.

The event will take place Saturday, Feb. 15 at the Castle of Knights, 1599 Memorial Drive.

A cocktail hour kicks-off the evening at 5 p.m., followed by dinner at 6 p.m. then dancing and fun festivities. While the function is casual dress, guests may wear Valentine's Day attire.

All proceeds from the evening will support Harmony House of Western Massachusetts, a home for the terminally ill, along with the annual Thanksgiving Dinner provided by the Knights of Columbus to Chicopee residents.

Tickets are available at a cost of \$40. For tickets or more information, call Steve Dubreuil of the K of C at 413-250-1677, Libby Martel of Pioneer Valley HOG at 413-530-1389, or Amy Corcoran of Harmony House at 954-495-3236.

17 18 23 38 42 46 51 65 68

CLUES ACROSS

- 1. Small deer 4. Khoikhoi peoples
- 9. South African
- statesman
- Keyboard key
- 15. Remove
- 16. A conspicuous
- constellation 17. Data executive
- 18. Retired NASCAR driver
- 20. Tightens 22. A picture of the Virgin
- Mary 23. "The Mission" actor
- Jeremy 24. Confidently
- 28. More (Spanish)
- 29. Sports highlight show 65. Working-class (abbr.)
- 30. Hand out cards 31. Distinctive Asian antelope
- 37. Of I
- 38. Hip hop trio
- 33. Arabic greeting

39. Meat roll

- 41. One's mother (Brit.)
- 42. __-GYN 43. Belgian city
- 44. Plucks 46. Leak slowly
- 49. Denotes a particular region 50. General's assistant
- (abbr.) 51. Divides
- 55. Kid 58. Inland Empire **Expanded Learning**
- Symposium 59. Engaged in conflict 60. Former CBS sportscaster
- 64. Characterized by unity
- 66. Corners 67. __ de plume 68. Influential French
- artist 69. "Very" in musical terms
- 70. Financial account

CLUES DOWN

- 1. Long, flat abdominal muscles 2. Small Eurasian willow
- 3. Justified in terms of profitability 4. Required
- 5. River that starts in Turkey 6. Disfigure
- 7. A way of communicating (abbr.) 8. Leaks slowly
- 10. Made a speech 11. Long, angry speech 12. Mortar trough 13. Autonomic nervous
- system 19. Southern India island 21. Grab quickly 24. Ancient Mesopotamian
- 25. With three uneven sides
- 26. Football visionary Hunt 62. Officers in charge 27. Primordial matters

- 31. Facing towards the flow of a glacier
- 32. "A Delicate Balance"
- writer
- 34. Emits coherent radiation
- 35. Commercial 36. Groups of foot bones
- 40. Out of print 41. Partner to cheese
- 45. German river 47. Concluding speech
- 48. Spanish dish 9. Shady place under trees 52. Prominent California cape Point_
 - 53. Any high mountain 54. Ethiopian lake 56. Mr.
 - 57. Excessive fluid accumulation in tissues
 - 59. Large, flightless bird 60. Oil industry term (abbr.) 61. Something one can
 - draw 63. Greek island
- Tim Murphy RDO#1334

Baystate: A healthy heart begins with primary care provider

WARE – February is National Heart Month, a perfect time to take charge of one's heart health and a primary care provider is a great place to begin.

"Heart problems can happen at any age so you are never too young or too old to begin taking care of your heart," said Dr. Mario Lysse, a primary care provider at Baystate Medical Practice - Quabbin Adult Medicine in Ware. "A healthy lifestyle at any age can help prevent heart disease and lower your risk for a heart attack or stroke."

According to the Centers for Disease Control and Prevention, risk factors can increase one's risk for heart disease. Some risk factors cannot be controlled, such as age or family history, but folks can take steps to lower their risk by changing controllable factors like high blood pressure, high cholesterol and smoking.

"The good news is that it is possible to decrease your risk of heart disease by making changes in the way you live your life," Lysse said. "Even if you have a family history of heart disease, the power of prevention is on your side.'

Research shows that when people regularly see their primary care providers their risk of dying of heart disease, strokes and cancer declines.

"Maintaining a healthy lifestyle is the first step to a healthy heart," Lysse said. "Choosing healthier foods and exercising are two of the best ways to contribute to good heart health. Regular exercise is an important way to lower your risk

of heart disease. Exercising for 30 minutes or more on most days can help you lose weight, improve your cholesterol. and even lower your blood pressure. Two 15-minute segments of exercise or three 10-minute segments still count as 30 min-

Primary care providers are familiar with individual medical history, reaction to medications, personality and lifestyle and treatment preferences. The provider may note after an exam that an individual should have his or her heart checked by a cardiologist. Or it could be that personal or family history warrants an exam by a physician who focuses on the heart.

"If you need to be referred to see a cardiologist, your primary care provider will remain a part of your care team," said Dr. Brian Laliberte, chair of cardiology at Baystate Wing Hospital.

For those that don't have a primary care provider, the best time to choose a doctor is before one is needed. Over time, individual health care needs may change.

"It's no accident that we celebrate National Heart Month and the holiday that honors love, Valentine's Day, during the same month," Lysse said. "The best way you can show appreciation to the people you live is to make an appointment to see your primary care provider to start you on the path to a healthy heart."

For more information or if you ned a primary care provider call 413-794-5412 or visit Baystatehealth.org.

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For more information, or to submit people or milestone news for The Chicopee Register, please email chicopeeregister@ turley.com.

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Therapeutic Foot Massage

The Council on Aging offers Therapeutic Foot Massages on the fourth Monday of each month beginning starting at 9:30 a.m. at Chicopee Council on Aging's RiverMills Center, 5 West Main St.

Licensed Massage Therapist Debee Boulanger of Abundant Wellness will be offering these foot massages. Choose from either CBD or an essential oil blend. The cost is \$40 for a 30 minute massage. Folks must register in advance at RiverMills. Upon registration, participants must fill out an intake form which allows Boulanger to maximize the effectiveness and safety of her services.

Veteran's Video History Project

The Chicopee Council on Aging is participating in the Veteran's Video History Project, which is part of the American Folklife Center at the Library of Congress. There are currently five interviews left to complete. Veterans who would like to know more about this project or would like to participate and share their military experiences are encouraged to contact Program Coordinator Casey Conroy at 534-3698 ext. 118

Yoga

The Council on Aging offers three yoga classes during the week. Chair Yoga is offered every Wednesday beginning at 2 p.m. and is led by Deborah Beiermeister. Monday Morning Yoga is offered every Monday starting at 11 a.m. and is led by Caitlin Lavin. Thursday Afternoon Yoga is offered every Thursday at 3 p.m. and is led by Deborah Beiermeister. All yoga classes cost \$3 and RiverMills Center, located at 5 West Main St.

Buried in Treasure

The Council on Aging will host the "Buried in Treasures" support group on the second and fourth Wednesday of every month from 10 to 11:30 a.m. at RiverMills Center, 5 West Main St. This is a support group about the compulsive acquiring, saving and hoarding of objects,

milling about at

and people having trouble managing their possessions. To register or for more information, call 534-3698.

Facials

The Council on Aging now offers facials by licensed esthetician Diane Neill the second Wednesday of the month starting at 8:30 a.m. Neill will offer facials on the first and second Wednesday of the month at RiverMills Center, 5 West Main St. Facials start at \$30. Registration is required by calling 534-3698 or by stopping by RiverMills.

Massage Therapy

The Council on Aging now offers chair massages every Thursday and every other Friday at RiverMills Center. Chair massages are given by licensed massage therapist Michelle Zemba of Abundant Wellness. Sessions are designed to relieve stress and pain. Cost is \$15 for a 15-minute session. Registration is required by calling 534-3698 or stopping by River-Mills Center.

Cancer Support Group

A cancer support group is being offered on the third Tuesday of the month at noon, at RiverMills Center. This group is facilitated by RiverMills wellness nurses Helen Biglin and Dianne Copeland. This group focuses on all stages of cancer diagnosis and treatment, along with family and friends that may be impacted.

Meditation Class

The Council on Aging will offer a meditation class on Mondays from 12:45-1:45 p.m. at RiverMills Center. Certified meditation instructor Deborah Beiermeister will lead the class, which will help participants ease stress and learn to relax. Each session will start with gentle yoga stretches, followed by relaxing breathing techniques and a gentle neck/shoulder massage. The cost is \$3.

Memorial Drive Shopping Trips

The Council on Aging's Transportation Department continues to offer shopping trips to stores in Chicopee, to seniors 60 or older.

Van service to shopping and grocery stores on Memorial Drive are offered Tuesdays and Thursdays making stops at Big Y and Stop & Shop, Price Rite and Job Lot, Walmart and Chicopee Plaza. There is a \$2 suggested donation. For a reservation, call 536-5733.

Additionally, the Transportation Department provides rides for medical, dental, legal, hairdresser, pharmacy, and banking appointments Monday through Friday from 8 a.m. to 3 p.m., for Chicopee's older adults.

Volunteer Drivers Needed

The Council on Aging is looking for licensed drivers willing to volunteer a few hours a week and provide rides to Chicopee's older adults. The city of Chicopee provides and maintains the vehicles that the drivers will be using. The volunteers provide rides for any Chicopee resident 55 years old or older. This service is for medical, dental, legal and hairdresser appointments, pharmacy pick-ups, banking and shopping, available Monday through Friday from 8 a.m. to 3 p.m.

Interested volunteer drivers should contact the Council on Aging Transportation Department at 413-536-5733.

Cardio Mix Class

The Council on Aging will now be offering "Cardio Mix" class on Tuesdays and Thursdays at 11 a.m. Cost for the class is \$3.

Painting Class

The Council on Aging is offering an additional painting class on Thursdays from 1-3:30 p.m. at RiverMills. Christiane Eckert will lead the class and teach several mediums, including acrylic, pastel, oil and watercolor. She has been painting since 1992. Participants are asked to bring their own materials. A \$1 donation will be accepted at the door. RiverMills already offers a drawing and painting class every Tuesday at 1 p.m., which is taught by Maureen McDonald.

Fit for Life

Monday, Wednesday and Friday at 8:30 a.m. This class is an energetic class featuring an aerobic workout, along with strength, balance and flexibility elements. Suggested donation, \$2. For more information, call 534-3698.

Zumbasize Class

Wednesdays at 10 a.m. Exercise Studio 117 (street level). This class is for active older adults who are looking for a modified class that recreates the original moves you love at a lower intensity. Suggested donation, \$3. For more information, call 534-3698.

Dancercize Class

Wednesdays from noon to 1 p.m. Dancercize is ballet, jazz, balance & stretch put together in a class that gives us the strength and enjoyment for the body and mind. Ballet and jazz moves help tone our muscles, increase flexibility and free tension and stress. The class is taught by Diane Shields, who has been dancing herself for over 58 years and teaching for over 45 years. Apparel should be light and comfortable. Shoes should be a ballet or jazz shoe or a flexible type of tennis sneaker. Donation, \$5.

Sudoku & More Club

Wednesdays at 10 a.m. No matter what your age, everyone would like to keep his or her brain sharp. Research shows that games and puzzles work to hinder dementia, strengthen critical thinking skills and promote overall brain health. For more information or to signup, please call 534-3698.

This paper publishes birth, engagement, wedding and significant anniversary announcements free of charge.

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☐ ☐ ☐

EDITORIAL

Be a helpful neighbor this winter

ith winter weather and frigid temperatures still a reality of New England living, there is no better time for a reminder that being a helpful neighbor can actually save lives – especially if your neighbor is a senior citizen.

Be sure to check in on elderly adults during cold and snowy days. Older adults should also be mindful of some very important tips during this time.

Those over the age of 65 account for nearly half of all hypothermia deaths. As the body ages, the ability to maintain a normal internal body temperature decreases, creating an insensitivity to moderately cold temperatures. Seniors may not realize they are putting themselves at risk until symptoms appear. Symptoms of hypothermia include: shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech and drowsiness. If symptoms are present, immediate medical attention is necessary.

The leading reason for hypothermia in older adults is due to poorly heated homes, which is entirely preventable.

Follow these simple tips to ensure a warm household.

Stay Warm:

Keep the thermostat at 65 degrees, at least. Consistently check it to make sure your home is sufficiently warm. Even as heating costs rise, your safety should be a priority.

Put a carbon monoxide detector near where you sleep.

Ensure there is adequate insulation, and check and clean the fireplace and furnace. Furnace filters should be replaced monthly.

Minimize drafts by filling old socks with sand and using them in drafty windowsills and door jams. Weather-strip around windows and doors. Keep doors to unused rooms closed and close curtains at night.

Add an extra blanket to the bed and warm the bed in advance with a hot water bottle. Never use an electric blanket – it may be difficult to operate the controls if the temperature needs to be adjusted in the night.

Dress in layers of loose fitting clothing. If you go outside, make sure your head is cov-

Every year, more than 1.6 million seniors end up in the emergency room because of a fall. With the icy conditions of winter, the chances of falling are even greater.

Prevent Falls:

Take a couple minutes per day and stretch your limbs in order to loosen muscles.

Stay inside - make arrangements for someone to shovel and salt driveways and walkways. Professional caregivers can assist with to-do items, such as bringing in the mail and/or picking up groceries.

Wear shoes or boots with a non-skid sole. Have handrails installed on outside walls for frequently used walkways.

If you use a cane or walker, check the rubtips to make sure they are not worn smooth

Winter weather can take a toll on everyone, especially seniors. Seasonal affective disorder can occur in seniors, as with any age group, and impact their emotional health. Some signs to watch for include: a loss of energy, an increased appetite and an enhanced feeling of lethargy and tiredness. If symptoms are present, talk to a medical provider about treatment options.

Additionally, winter storms can be unpredictable. It is important to be prepared in case of an emergency.

Build a network:

Stay in touch in with family, friends and neighbors. Schedule phone calls or enlist the help of a professional caregiver to come in for an hour a week.

Make arrangements for assistance in case of a blizzard or power outage. Keep important numbers in an emergency kit, along with non-perishable foods, water and medications.

Be familiar with your local resources. Visit www.ready.gov/seniors, www.noaa.gov or www.redcross.org for more information about cold weather.

GUEST COLUMN



When heart art is everywhere

n February, the heart themes are everywhere. During the early days and remaining weeks of the month, the National Heart Association advocates learning about heart health for every one of all age groups.

Then, in New England, Feb. 14, Valentine's Day arrives near the middle of the month bringing warmth into typically dark, dreary, wintry days.

February is also the time when classrooms are brightened with red and pink hearts on themed bulletin boards and in school corridors. It's when brick and mortar merchants decorate aisles with intriguing, lovely household items offering sales that make your heart skip beats. And, it's when grocery stores offer all shapes and sizes of Valentine boxes of cookies, chocolates and magnificent

Heart art and Valentines

appear just about everywhere. Even after February.

Reportedly, "Once upon an almost lifetime ago, because of an overcrowded airline flight, a couple unexpectedly got 'bumped' when returning from a business trip. Surprisingly they qualified for free, round-trip tickets to anywhere in the U.S.A."

They used the free tickets to fly to sunny Florida visiting family and experiencing new, first-hand southern hospitality. On a Sunday morning they visited a nearby church. They met a "Hi Ya'll" Visitor Hostess who put a bright red, bold-whitelettered heart sticker reading: 'YOU ARE LOVED!!' onto their clothing. Later on in the Morning Service, all visitors wearing the red-heart stickers were welcomed again.

Further conversations revealed: "After enjoying days visiting family, sun and

surf, on their flight home for sentimental reasons - the wife wanted to savor warm memories and put her 'I LOVE YOU' sticker inside her pocket-sized calendar. But, her husband's sticker was missing."

About a week later, another business appointment brought that couple to a neighboring state, less than a two-hour's drive away, to a computer company's large corporate headquarters.

"Want to come along?" the wife was asked. (Reportedly, within a single bound, office work, laptop, light snacks and coffee were packed.)

Enjoying the comfortable, accommodating lobby, the visiting spouse watched her husband and throngs of other business participants wait in line and have his/her name checked and get their identification badges.

See COOMBS page 7

@DAVEGRANWND.COM IS OUR CAUCUS SYSTEM DONE? TIME TO STICK A FORK IN IT." 2020 HAOS

I FTTER TO THE EDITOR

We must never allow government to become fascist

To the editor:

Fascism is like a cancer in government that slowly metabolizes and works its way into our lives when we become complacent. Fascism is a form of far-right authoritarian ultra-nationalism characterized by dictatorial power, forcible suppression of opposition and strong regimentation of society and the economy. Fascism is also extreme pride in country and "race," with no expression of political disagreement allowed. I think one can begin to draw some parallels of the above and the direction of which our country is heading.

It is up to the citizenry to keep the country on the right path.

> **Bill Paul** Chicopee

Letters to the Editor

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication. We reserve the right to edit or withhold any submissions deemed to be libelous or contain unsubstantiated allegations, personal attacks, defamation of character and offensive language. All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Chicopee Register, 24 Water Street, Palmer, MA 01069 or email chicopeeregister@turley.com.

> The deadline for submissions is Friday at noon.

WE CARE **ABOUT** YOUR NEWS!

The Chicopee Register welcomes submissions of news in or related to Chicopee and its residents. Our "People News," is filled with submitted engagement announcements, wedding announcements, birth announcements, your new baby or news about your 25th or 50th anniversary celebrations. Please e-mail correspondence along with a photo to chicopeeregister@ turley.com or send it to: Chicopee Register, c/o Turley Publications, 24

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Chicopee Register

Nominations sought for annual Pynchon Award

SPRINGFIELD – The Advertising Club of Western Massachusetts is seeking nominations from throughout Hampden, Hampshire, Franklin, and Berkshire counties for the Pynchon Award, which recognizes those citizens who have rendered distinguished service to the com-

The Order of William Pynchon was established by the Advertising Club in 1915 to recognize and encourage individuals whose lives and achievements typified the ideals of promoting citizenship and the building of a better community in Western Massachusetts. Past recipients include war heroes, social activists, teachers, volunteers, philanthropists, historians, clergy, physicians, journalists, public servants, and business leaders – a diverse group; each with a passion for our region and a selfless streak.

To nominate an individual, submit a one-page letter explaining why the nominee should be considered. Include biographical information, outstanding accomplishments, examples of service to the community, organizations he or she is or has been active in, and the names, phone numbers and e-mail addresses of at least three people who can further attest to the nominee's eligibility for induction into the Order of William Pynchon.

Qualifying nominees will be considered and researched by the Pynchon Trustees, composed of the current and five past presidents of the Advertising Club. Nominations must be submitted by March 15 to: William Pynchon Trustees, Advertising Club of Western Massachusetts, P.O. Box 1022, West Springfield, MA 01090-1022 or by e-mail to info@ adclubwm.org.

COOMBS from page 6

Waiting was easy. Computer lap work done; informational presentation over. Quickly the couple joined the bustling crowd winding through the lobby, waiting for elevators, then streaming out the doors, down the carpeted corridors and outside into the tiered, concrete parking garage.

When finally driving onto the clear, open highway, a sunny cloudless sky added to the feeling of a successful day with a good, solid, sales and product presentation given by driver for his employer's business firm.

Reportedly, "The couple decided to

drive on the thruway. Then stop for dinner. About 45 minutes later they pulled into a restaurant's parking lot. When reaching to release his seatbelt, the driver saw a flaming-red, 'YOU ARE LOVED!' heart sticker stuck knee-high on his left pants leg."

Apparently the conversation went like this: "How long has this been here?" "WHAT'S been WHERE?"

Gasps. Groans. Over-all embarrassment. "But, maybe it was the heartiest presentation ever?" Side-splitting, knee slapping, tear streaming laughter rocked the little parked car. Hmm. Reportedly, after February heart art can be anywhere.

Photo exhibit focuses on Vietnam SPRINGFIELD – The Valley Photo naissance unit. Center will host a meet the artist recep-

tion from 5 to 8 p.m. Thursday, Feb. 20 for it February show titled "Vietnam: Then and Now" at the gallery on the upper level of Tower Square, 1500 Main St. in Springfield.

The exhibit, reception and refreshments are free and all are welcome to attend. As a bonus, the gallery next door, Art for the Soul, will also hold a reception for its current exhibit at the same time so guests may see two different shows, enjoy refreshments, and meet the artists.

The Valley Photo show features photographs from the collections of Dave Tela, who served as a U.S. Army Cobra helicopter pilot, and Jim Cryan, who also served in the U.S. Army in the Vietnam War as an enlisted man in an aerial recon-

It also features recent photographs from Cryan's collection of photos from his return trips to the country as well as a digital show by Phil Mardoc from his trips to Vietnam in the spring of 2018 and

The collection of photographs, albums and digital images will be on display until Friday, Feb. 28 Tuesday through Friday from 11 a.m. to 2 p.m.

The Valley Photo Center is a 501c3 nonprofit organization whose mission is to educate its members and the public in the Pioneer Valley about the art and science of photography to bring about a greater appreciation for photography. Membership and more information about the exhibit and the VPC is available online at www.thevalleyphotocenter.com.

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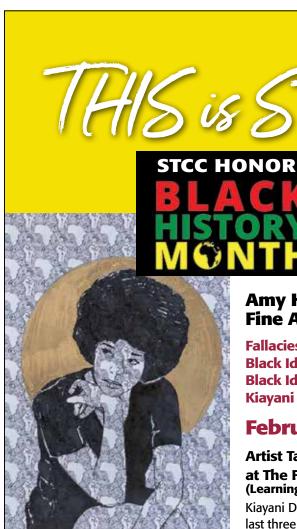
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Amy H. Carberry Fine Arts Gallery

Fallacies: Black Identity Extremist = Black Identity Enthusiast, Kiayani Douglas

February 3-29

Artist Talk February 27 at The Forum (Learning Commons)

Kiayani Douglas has spent the last three years developing an interdisciplinary body of work called Black Identity Enthusiast. B.I.E. is a body of work geared towards curating conversations rooted in race history and privilege. She creates workshops where students of all disciplines can learn about American Black History, while making connections to Math, Science, History and literature. A series of student workshops and art faculty will be held throughout the month.

Chicopee Register February 13, 2020 | Page 7

Fun in February

The Chicopee Parks and Recreation Department is now taking signups for its annual "Fun in February" vacation program for children ages 5 (must be in kindergarten) to 13. The program, held at Dupont Middle School, runs from Tuesday, Feb. 18 through Thursday, Feb. 20 and provides gym time, arts and crafts and a field trip each day. Field trips include Rave Cinemas, Round One, and Interskate 91 South. Program time is from 8:30 a.m. to 3 p.m. Parents may register their children for one day, two, or all three days and cost ranges from \$35 to \$55 daily based on the field trip as well as classification of residency and non-residency. Pre-registration at the Parks Department, 687 Front St., is mandatory, no phone registrations, and this is a first come-first paid program that has a maximum number of openings for enrollment. For more information, contact Dan at the Parks Department at 594-3481 ext. 105 or via email at dwoodill@chicopeema.gov.

Tang Soo Do **Korean Martial Arts**

The Chicopee Parks and Recreation Department is offering classes in Tang Soo Do, a Korean martial art. Learn with instructor, Master Jeffrey Bulissa, a fourth degree black belt in Tang Soo Do, and learn about self-defense, confidence and physical fitness. Classes will be held on Mondays and Wednesday evenings. The following classes are being offered Little Dragons (ages 5 to 6): 6 to 6:30 p.m., Gups Beginners (ages 7 and up): 6:30 to 7:30 p.m. and Gups (Advanced) (ages 7 and up): 7:30 to 8:30 p.m. Each Session will consist of eight classes and runs through Jan. 29. Cost is \$40/Little Dragons \$50/Gups Beginner and Advanced. Registration and all classes are held at the Chicopee Parks Department, 687 Front St.



Learn to Swim

The Parks and Recreation Department is offering swim lessons for children now through Feb. 8 at the Chicopee Comprehensive High School pool. Level two and three are being offered. Children must be a minimum of 5-years-old to participate and must pass the previous level. Level two classes start at 10 a.m. and level three classes start at 11 a.m.

The cost for the lessons is \$50 for residents and \$60 for non-residents. Registration is mandatory and must be done in person at the Chicopee Parks and Recreation office at 687 Front St.

Open Swim Program

The Parks Department will hold an Open Swim at the Chicopee High School Pool on Sundays from 12:30 to 2:30 p.m. now through March 8 at a cost of \$3 per person. The program is open to residents only and positive identification is required at the door. All children 18-years-of-age and younger must be accompanied by an adult. Children who have not been toilet trained must have swim diapers. For more information, call the Parks and Recreation Department at

Art-ventures for Kids

Children, grades K -5, are invited to explore February Vacation Art Fun with Art Ventures for Kids. The four-day program runs Feb. 18 to 21, with unique themes for each class: Alien Art-vasion, Backyard Fun with Squirrels & Snakes, Clowning Around: Silly Circus Art-ventures and Fluffy Snowmen and Artsy Icicles. Families may sign up for one or all four. The classes will be held at the Parks and Recreation office from 9 a.m. to noon on program days. The fee per day is \$34 for residents and \$37 for non-residents. Register online at www.ARTventuresforkids.com or at the Chicopee Parks Office 687 Front St.

Boston Red Sox vs. Chicago Cubs

The Chicopee Parks and Recreation, in collaboration with The Travel Group, would like to announce a four day getaway trip (June 18-21, 2020) to see the Boston Red Sox take on the Chicago Cubs for two games at Wrigley Field.

The trip includes: roundtrip air from Hartford to Chicago, Illinois, three nights at the Hampton Inn that includes breakfast, reserved tickets for two baseball games, a guided bus tour of Chicago and Navy Pier, and hotel room taxes.

Cost for the trip is \$1,299 (each) for a double, \$1,249 for a triple, and \$1,499 for single occupancy. A \$300 deposit is due at sign up, with full payment due by April 15, 2020.

To sign up, visit the Chicopee Parks Department, 687 Front St. For more information, call 594-3481.





Thursday, February 13th through Sunday, February 16th

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Benefit concert Feb. 22

LUDLOW - St John the Baptist School invites the public to a benefit concert featuring "The Rising," Billy Eagan, on Saturday, Feb. 22, from 7 to 9:30 p.m. at the Pastoral Center at St Elizabeth Parish, Ludlow. Tickets are \$8 per person, with a family max of \$20. There will be a cash bar and a 50/50 raffle. All proceeds benefit the school. Please contact the school at 413-583-8550, or the Parish rectory at 413-583-3467 (weekdays) for tickets. Tickets will be sold at the door if available.

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ON THE SHELF



CHICOPEE PUBLIC LIBRARY

The following is the program list for the Chicopee Public Library, 449 Front St. For more information or to register for programs, call 594-1800, ext. 4.

FOR CHILDREN AND FAMILIES

Alphabet Story Time

Tuesday, Feb. 11 – 10:30 a.m.

During the year-long preschool story time project, participants participate in one story time for each letter of the alphabet. Geared for children ages 3- to 5-years-old, children will focus on learning letters and developing kindergarten readiness skills.

Fun with Food

Thursday, Feb. 13 – 3:30 p.m.

Fun with Food by ChicopeeFRESH returns Thursday, Feb. 13 at 3:30 p.m. for the fourth annual Valentine's Celebration. Through the monthly workshop presented by ChicopeeFRESH, the local farm-to-school organization, participants will make no-bake granola bars and Valentine's cards with beet paint and potato stamps. All ages are welcome.

NEWS & FEATURES

As a paper of record, we attempt to cover all general news, personality profiles, and community features that we know about. This includes all selectmen and school committee meetings as well as spot planning board, board of health, finance, and other town meetings determined by the issue's relevance to our readers. There are the annual major community event features that we should always cover, but we are more than open to suggestions of other features to celebrate the fabric of our communities and their many interesting occupants. Our loyal advertisers provide funding for this paid staff coverage.

For more information on news or community features for The Chicopee Register, please email chicopeeregister@ turley.com.

A **TURLEY** PUBLICATION

Chicopee Register Page 8 | February 13, 2020

Sports

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MIAA

Tournaments would include half of state's teams

Editor's note: This is the third of a four-part series to break down the statewide tournament proposal, what it is, it's effect on the Western Mass. region, the challenges, and how your athletic directors and coaches feel about it.

By Gregory A. Scibelli gscibelli@turley.com

REGION - The Massachusetts Interscholastic Athletic Association's Tournament Management Committee states that between 46 and 55 percent of teams will qualify for their division's respective tournament in most of the major sports.

But the question on the minds of many Western Massachusetts athletic directors, coaches, athletes, and parents is, how many of those teams will be from Western Massachusetts?

The answer, essentially, is almost as many teams that qualify now.

Now, how is that possible? Thanks to a compromise during the committee's process of formulating a proposal, any team that finishes with a .500 record or above will qualify for the state tournament. Those teams that are not power-ranked in the top 32 (or 16 in some cases), will get an opportunity to play into the tournament. Teams below the No. 32-ranked team will be seeded lower and have to "playin" to the tournament through preliminary round games.

What that will leave out under Western Massachusetts' current format, is the ability to for teams that place first or second in their leagues to qualify.

Under current rules, leagues in Western Mass., which are aligned by the Pioneer Valley Interscholastic Athletic Association, send their first and second place finishers to tournament regardless of their overall records. It's a small percentage of the teams that qualify, but it does happen consistently each

However, with an expansion to a fifth division for major sports like baseball, soccer, basketball, softball, football, and girls volleyball, the competition might allow for more teams to qualify for tournament.

According to the MIAA proposal, the sports that will have four divisions: Tennis, lacrosse, and field hockey, the MIAA suggests that between 53

See TOURNEY page 10

Parker hits milestone



PHOTO BY DAVID HENRY WWW.SWEETDOGPHOTOS.COM

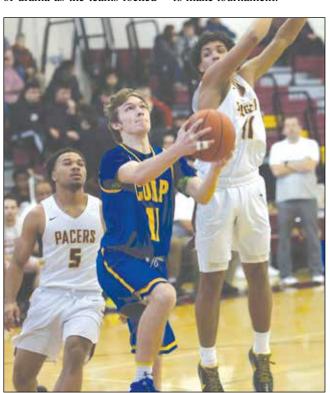
Kobe Parker is honored prior to Chicopee's game versus Chicopee Comprehensive last Saturday. Parker reached 1,000 points during Chicopee's win over Sci-Tech last Thursday evening. Parker scored 26 in the contest, which was on the road. Chicopee is having an outstanding season at 13-3 and is heading for the Division 2 tournament in a couple of weeks.

BOYS BASKETBALL

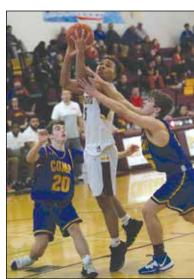
Pacers outlast rival Colts

CHICOPEE - Last Saturday, the Colts and Pacers continued their cross-city rivalry with a fun matinee event. While a Saturday afternoon affair is not as exciting as the night lights, there was plenty of drama as the teams locked

down in a deadlock late in the game. But in the end, the Pacers would edge out the Colts 55-54 to improve to an impressive 13-3 this season. Comp has struggled, and is now 4-11 this year, not likely to make tournament.



PHOTOS BY DAVID HENRY WWW.SWEETDOGPHOTOS.COM Travis Kagan goes up for the shot for the Colts.



Tah-Rhelle Bennefield reaches out to shoot.



Kobe Parker ducks a block before shooting.



Dennis Popvichenko reaches out for the put-back.



Daniel Rosa gets the open shot for the

Chicopee Register

Colts fall to powerful Monson



PHOTOS BY LISA THOMAS-DUFRESNE Samantha Breton boxes out for a rebound.



Adriana Correa-Berly holds the ball back before driving the hoop.



Julianna Beaulieu looks for the open teammate as she enters the arc.



Taryn Langlois heads up for a layup.

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The week ahead Chicopee High School

Boys Basketball		
Thursday, Feb. 13	Home	East Longmeadow 7 p.m.
Monday, Feb. 17	Home	Westfield 7 p.m.
Wednesday, Feb. 19	Away	Longmeadow 7 p.m.
Girls Basketball		
Friday, Feb. 14	Away	Chicopee Comp 7 p.m.
Monday, Feb. 17	Away	Longmeadow 7 p.m.
Ice Hockey		
Saturday, Feb. 15	Away	Ludlow 7:20 p.m.
Monday, Feb. 17	Home	South Hadley 2:30 p.m.

Chicopee Comprehensive High School

	_	
Boys Basketball		
Thursday, Feb. 13	Home	West Springfield 7 p.m.
Monday, Feb. 17	Home	Agawam 7 p.m.
Wednesday, Feb. 19	Home	Sabis 7 p.m.
Girls Basketball		
Friday, Feb. 14	Home	Chicopee 7 p.m.
Tuesday, Feb. 18	Home	East Longmeadow 7 p.m.
Ice Hockey		
Thursday, Feb. 13	Home	Amherst 3 p.m.
Saturday, Feb. 15	Home	South Hadley 2:30 p.m.
Wednesday, Feb. 19	Away	Amherst 3 p.m.

TOURNEY from page 9

and 62 percent of teams in the state will qualify for those tournaments. Ice hockey will have an estimated 62 percent qualify for tournament across three divisions.

There is also a provision in the proposal to allow the sport committee to create subdivisions, such as a Division "1A." However, the parameters how and why that would happen are not clear.

Also still unclear is how the MaxPreps power rankings system would work. While a sample ranking system using last season's soccer playoffs as an example, plenty of Western and Central Mass. teams qualified.

But it is still unclear exactly how MaxPreps would rank the teams in Western Massachusetts, how it would take into account the diversity in the teams Western Mass. plays against with the vast geography, versus the density in Eastern Massachusetts.

The proposal also does not list how many games a team must play to be considered for postseason play. Right now, most will be voted on Feb. 28 at a special meeting at 9:30 a.m. at Assabet Valley Technical High School in Marlborough.

seasons average between 16 and 20 games. Lacrossee, field hockey, volleyball, and soccer are known for 16-18 game seasons while baseball, softball, and basketball often play between 18 and 20 games.

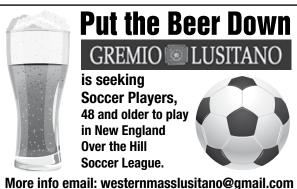
One part of the proposal does lay out the home and away situation. It states that preliminary play-in games, and the first three rounds, the round of 32, 16, and 8 (quarterfinals) will be at the site of the home seed. However, all home sites have to meet MIAA standards to host a home game. If a site does not, the home school athletic director can attempt to find an acceptable site, or the lower seed would host the game. In extreme cases, the tournament director will be charged with finding an acceptable site.

Date determined for final vote

The MIAA has reached a decision on holding a special meeting on the proposal. The statewide tournament proposal will be voted on Feb. 28 at a special meeting at 9:30 a.m. at Assabet Valley Technical High School in Marlborough

Check us out online:

sports.turley.com



| More Into email: westernmassiusitano@gmail.con

T-Birds fall to Hershey Bears

HERSHEY, Penn. – The Springfield Thunderbirds (26-23-2-0) could not come up with answers after a two-goal second period burst from the Hershey Bears (30-15-2-3), who came away with a 5-2 win on Saturday night inside the Giant Center.

Springfield turned to Ryan Bednard in net, and the rookie had a great bounce-back first period just three nights after he was pulled after 20 minutes and three goals against in Hartford. This first frame was Bednard at his best, as he had answers for all 10 Hershey shots.

His best stop of the night and possibly of his young rookie season came with Hershey on a power play in the closing minutes of the period and Phil Maillet stationed on the back post with a seemingly open net. Instead, Bednard sprawled to his left and got the left-hand catching mitt up to snatch the goal away and get the game into the intermission scoreless.

The T-Birds' power play had two chances in the first 12 minutes of the period to get an advantage, but Hershey's Eastern Conference-best penalty kill did the job on two chances.

Hershey finally cracked Bednard at 2:40 when Axel Jonsson-Fjallby picked up a Springfield turnover on the right-wing side in center and snapped a shot under the

crossbar to give the Bears the 1-0 lead.

After Maillet got snakebitten in the first, he got his payback at 9:23 of the second period after Christian Djoos deked into the high slot before finding Maillet on the right post for a tap-in to extend the lead to 2-0

In desperate need of a jolt, Henrik Borgstrom provided just that for the T-Birds at 15:43 as he lifted a wrist shot from the high slot through a screen and past Hershey goaltender Pheonix Copley to cut the lead in half, 2-1.

The Bears then extended their lead with their first of two power play goals at 3:58 of the final period as Djoos beat Bednard under the crossbar from the right circle to up the Hershey advantage to 3-1.

Alex Alexeyev joined in on the defense scoring for Hershey when he slipped a left-circle wrist shot through Bednard at 12:08. Joel Lowry would answer that goal 35 seconds later to pick up his eighth point against Hershey in six games this season. The goal was Lowry's seventh of the year.

With time winding down, Maillet got open at the back post and finished off a cross-crease feed from Alexeyev on the power play at 16:34 to put the finishing touches on the Bears' win.

MIAA Bracketology returning soon

REGION – March Madness is coming, and for the second straight year, Turley Sports will bring you "MIAA bracketology."

In two weeks, in our February 27 and 28 issues of all Turley Publications papers, the sports department will be presenting its picks for the MIAA Western Massachusetts Tournaments. There will be four brackets for boys basketball, and four brackets for girls basketball.

The brackets will detail our picks to make it all the way to our own sectional championships, held right at the famed Curry Hicks Cage on the campus of the University of Massachusetts-Amherst.

Will we be right, or will we be wrong? Who knows. But we sincerely hope our readers enjoy following the progress of the Western Mass. tournament, that is one of the most popular tournaments that takes place in the year.

Whether it is Division 1 or Division 4, the basketball tournaments are some of most exciting action of the year.

The brackets we will be presenting in two weeks will reflect simple guesses on the part of Turley Sports with short commentary below each bracket to explain our brackets. We encourage you to compare our brackets to your own. We hope you enjoy watching the tournament unfold from Feb. 24 when the first round is scheduled to begin, all the way to Curry Hicks Cage on March 7 and 8.

The tournament brackets are scheduled to be released on Saturday, Feb. 22. The Turley Sports bracketology will be prepared the following day prior to the start of the tournament, and then will available online through our turley.com website and will be published in the papers available Thursday, Feb. 27 and Friday, Feb. 28. Happy tournament to all!

Digital Photos

TURLEY PUBLICATIONS, INC.

Purchase a photo that recently ran
in one of our publications

in one of our publications.
Go to newspapers.turley.com/photo-request



COMMUNITY CALENDAR

This calendar is intended to promote free events in Chicopee or events directly benefiting a Chicopee-based nonprofit organization. To place an event on the calendar, email the listing with date, time, place, organization hosting and a brief description of what will be happening to chicopeeregister@turley.com.

$\mathbf{SAVE}\ \mathbf{THE}\ \mathbf{DATE}$

FRIDAY, FEB. 14

FREE MOVIE NIGHT. Trinity Episcopal Church, 27 Streiber Drive, invites the community to enjoy free movie night Friday, Feb. 14 at 6 p.m. Folks are invited to watch "Thank You For Your Service" while enjoying free popcorn, candy and soft drinks. For more information, call the office at 413-533-7872.

VALENTINE'S CELEBRATION. St. Anthony of Padua Parish Social Center, 56 St. Anthony St., will hold a Valentine's Celebration Friday, Feb. 14 at 6 p.m. The celebration includes a four course meal, wines from around the world, raffles and surprises. Tickets cost \$25 per couple and are available online or at the Parish office. For more information, visit stanthonychicopee.com.

SATURDAY, FEB. 15

MATTRESS SALE. All are invited to the gymnasium of Chicopee Comprehensive High School, 617 Montgomery St., during the hours of 10 a.m. and 4 p.m. Saturday, Feb. 15 for a mattress sale fundraiser. Mattresses from name brands will be available for purchase in all sizes, priced as much as 30 to 50 percent off suggested retail prices. All proceeds support the school's band and drama programs.

WEDNESDAY, FEB. 19

HISTORICAL SOCIETY. The Chicopee Historical Society will hold its next meeting Wednesday, Feb. 19 in the Community Room of the Chicopee Public Library, 449 Front St., at 6:30 p.m. Guest speaker for the evening is Janina Surdyka, registrar of voters. As the nation is set to celebrate the 100th Anniversary of the 19th amendment to the U.S. Constitution – which gave women the right to vote – Surdyka will discuss the roles of her office, as well as the history of voter registration in Chicopee.

ONGOING

AMERICAN BOSCH SENIOR TRAVEL CLUB meets every third Wednesday at 10 a.m. at the American Legion Post 452, 37 Exchange St. All are welcome.

AMVETS12 offers dinners twice a month at the AMVETS Post 12, 754 Montgomery St. The second Thursday of each month features a prime rib dinner served from 4 to 6 p.m. Tickets, at a cost of \$13, are required. The third Thursday of the month is a spaghetti dinner from 4 to 6:30 p.m. Tickets are not required, but cost is \$5. Post membership is not required. For more information, call the post at 413-588-8060. No spaghetti dinners will be served in August.

BUILDING BRIDGES VETERANS INITIATIVE offers a free weekly luncheon for veterans at the Chicopee Lodge of Elks, 431 Granby Road, from noon to 1:30 p.m. All veterans are welcome.

CHICOPEE DEPARTMENT OF VETERANS SERVICES is compiling a list of Purple Heart recipients connected to the city of Chicopee. Those who have received the medal or who know someone who has are encouraged to contact the Department of Veterans Services at 413-594-3470.

CHICOPEE FALLS WOMAN'S CLUB meets every third Thursday of the month (except June, July and August) at 11 a.m. at American Legion Post 452, 37 Exchange St. Come join us with our charity endeavors.

CHICOPEE VILLAGE offers dropin story times each Friday from 1:30 to 2:30 p.m. in the Community Room at the facility located at 68 Eastern Drive. Each week features an activity and free snacks for children ages 5 and under. For more information, call Maritza at 413-536-0363 ext. 5643.

HOLYOKE-CHICOPEE FAMILY & COMMUNITY PROGRAM invites folks to a free parent social every Thursday from 10 to 11:30 a.m. at the WIC office, 35 Mt. Carmel Ave. in Chicopee.

The "Baby and Me" program is suitable for those with children ages newborn to 2-years-old, with opportunities for reading, learning and play time. Ages and stages questionnaires and child develop-

ment information will be available to parents weekly.

For more information or to register, call Maritza at 413-536-0363 ext. 5643.

TRINITY EPISCOPAL CHURCH, 27 Streiber Drive. Sunday service at 9 a.m. with Holy Communion followed by coffee hour and socializing. All are welcome.

ST. JOAN OF ARC SCHOOL, 587 Grattan St., invites interested families to visit the school during Tuesday Tours. Visitors may tour the school from 9 a.m. to 2 p.m. No appointment is necessary. SJA School welcomes students in pre-kindergarten (3-4 year olds) to grade 8. Those in need of a different day may call 533-1475 to schedule a tour.

HOLYOKE CHICOPEE COORDINATED FAMILY AND COMMUNITY ENGAGEMENT holds a free drop-in playgroup, Learning Through Play for children birth to age 5 and a caregiver on Mondays from 10-11:30 a.m. at the Chicopee Parks and Recreation Building, 687 Front St. Each week offers learning activities, songs, rhymes and stories. For more information, call CFCE at 413-536-0363.

CHICOPEE LINDY AND BLUES TUESDAYS 7-10 p.m. Weekly swing and blues dance. Beginner lesson at 7 p.m. Social dancing 8-10 p.m. Held in the community hall (back entrance) of Christ's Community Church, 103 Springfield St. More information at www.meetup.com/Chicopee-Lindy-and-Blues.

THE GREATER CHICOPEE AREA COMMUNITY CONCERT BAND is seeking members. There are no auditions to join the band, but prospective members should be able to read music and own a concert band instrument (flute, clarinet, etc.). There are no fees to join. The band meets Wednesday evenings from 6:30-8:30 p.m. in the Chicopee Comprehensive High School band room. Please visit our Facebook page (www.facebook.com/ChicopeeAreaBand) to learn more.

SHARE YOUR SIGHT. Volunteer to read, shop or walk with a blind or vision impaired person in your community. Call the Massachusetts Association for the Blind and Visually Impaired at 1-888-613-2777 for details.

GivingBack

If you are a non-profit please send us your events to add to our calendar section at no charge to your organization.

We want to help you get the word out to the community on what you are doing and when you are doing it.

WE WANT YOU TO BE SUCCESSFUL!

If your event needs more attention, please consider running an advertisement in your community paper, call today 413-283-8393. *Please let us know you are a non-profit, so we can better serve you.*

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3 Chicopee students earn honors at Quinnipiac

Conn. HAMDEN, Quinnipiac University recently announced its Dean's List for the fall 2019 semester, which includes three Chicopee students. They are Victoria Dazblaz, Hope Gauthier and Samantha Sawicki.

To qualify for the dis-

tinction, a student must earn a minimum GPA of 3.50 and have no grades below a C. Full-time students must complete at least 14 credits in a semester; part-time students must complete a minimum of six credits.

Endicott names fall Dean's List

BEVERLY -Endicott College recently named it Dean's List for the fall 2019 semester. To qualify, a student must achieve a minimum GPA of 3.50, receive no grade below C and be enrolled in at least 12 credits a semester.

Sloan Friedhaber, of Chicopee, daughter of Todd and Shalene Friedhaber, achieved the honor.

MassWildlife launches mobile pond maps

Anglers fishing on one of the 168 Massachusetts ponds with digital bathymetry information may use their mobile device to access a pond map and see this depth information in real time.

Gone are the days of drilling holes on the ice only to find a shallow, weedy area. By using the "My Location" feature on the map, anglers can target a specific fish species based on depth.

To get started, vis-Mass.gov/pondmaps. Locations with a yellow border indicate ponds with digital bathymetry. Zoom into any one of these locations for depth informa-

Those at a pond, click the My Location button (looks like a circle or crosshair, see image above) to show one's movements in real time. Digital bathymetry data for new ponds are being added regularly.

Ponds without digital bathymetry still offer valuable information about the waterbody. Click any point on the map to see details about access and fish populations for that waterbody along with a pdf bathymetric map.

MassWildlife reminds anglers to consider any ice to be potentially dangerous, and review ice strength and safety tips before venturing out on the ice.

For more information, visit mass.gov/masswild-

STCC launches 'Leap Forward' fundraiser

SPRINGFIELD - In celebration of the leap year, the Springfield Technical Community College Foundation has launched a "leap forward" fundraising campaign to support students.

The Foundation is asking alumni, parents, the community and friends of the college to make a gift of \$29 in the month of February. The contribution will directly support the students currently enrolled at STCC.

"We want to show our students that we support their desire to succeed," said Kelly Galanis, director of operations and donor relations at STCC. "Since 2020 is a leap year, we thought it would be fun to tie in support for our students with the 29 days of February. It's easy to donate. Just go to stcc.edu/leap and click on 'Give Now.'

The website gives donors the choice to donate in \$29 segments. Each \$29 represents support for one student. Donors also can enter any amount in an "other" box. In addition, donors can use a dropdown

menu to designate their gift for a specific category where the need is greatest, general scholarship fund, Society of Women Engineers, Hispanic Association in Higher Education, Arts at STCC, STCC athletics, or a named scholarship fund.

For questions about the Leap Forward campaign or the STCC Foundation, contact Kelly Galanis at 413-755-4529 or kgalanis@stcc.edu. Visit stcc.edu/leap to donate.

Nominations sought for annual 'ToGetHerThere Awards'

The Girl Scouts of Central and Western Massachusetts announced nominations are open for the third annual "ToGetHerThere Awards."

ToGetHerThere Awards honor Western Massachusetts professionals in the following five categories: Entrepreneur, Financial Literacy, Health & Wellness, Man Enough to Be A Girl Scout, and Science, Technology, Engineering and Mathematics (STEM).

The ToGetHerThere Awards give area businesses and organizations the opportunity to honor a difference maker from within their ranks who has shown exceptional achievement in their profession, is an inspiration to their co-workers and young women and have made contributions to their communities. The nominated person must signify role model behavior in their professional career and represent the Girl Scout's mission of building girls of courage, confidence, and character, who make the world a better place.

Girl Scouts of Central and Western Massachusetts will honor the winners at a luncheon Friday, June 5, from 11:30 a.m. to 1:30 p.m. at the Springfield Country Club.

Nomination deadline is Friday, April 10. Nomination forms and requirements may be found on the Girl Scout website, http://www. gscwm.org/en/events/special-events/ THGTA.html or by contacting Jamie Mahon at 413-584-2602 ext. 4037 or jmahon@gscwm.org.

Learn fly tying at MassWildlife office

BELCHERTOWN - Those looking to learn the basics of fly tying are invited to get hooked on a new hobby later this month through the Massachusetts Division of Fisheries and Wildlife at its Connecticut Valley District Office, 341 East St., Belchertown.

The Beginner Fly Tying class will take place over the course of two sessions, Tuesday, Feb. 25 and Thursday, Feb. 27 from 6:30 to 8:30 p.m. The class is open to beginners only, 15-years-of-age or older, interested in learning the basics of tying their own flies in a free, hands-on course. Advance registration is required.

For more information or to register, contact Angler Education Coordinator Jim Lagacy at 508-389-6309 or jim.lagacy@mass.gov.

Women's Running Club offering annual clinic

SPRINGFIELD – The Pioneer Valley Women's Running Club announced its annual nine-week walkto-run clinic will step off Monday, March 23 from 6 to 7 p.m. at Forest Park in Springfield.

Those interested in the clinic are invited to an information session at 6 p.m. Monday, March 9 in the Business Technology Center of Longmeadow High School, 95 Grassy Gutter Road in Longmeadow.

"The spring clinic is one way we help women learn about running and meet other people who want to be active," PVWRC President Nicole Collins said. "Many participants have never run before, but after nine weeks, most are ready to run their first 5K.

Collins said participants will progress from brisk walking to a combination of walking and running, and then running for 30 minutes. The clinic tends to be popular sporadic runners looking for consistent training partners, she added.

Clinic mentors and trainer Kristin Su will be on hand at the session to explain the program, answer questions and take registration.

Clinic cost is \$75 and includes one-year membership to the PVWRC, a nonprofit organization affiliated with the Road Runners Club of America. The club supports women walkers and runners by serving as a race resource for information, training partners and topics of interest to members. Clinic proceeds support scholarships to high school

For more information or to register, email pvwrc1@gmail.com.

portunity is knocking

STAFF WRITER

Turley Publications is seeking an energetic person to fill the position of staff writer for two of its weekly publications: the Ware River News, which covers Ware, Hardwick and Warren, and the Quaboag Current, which covers the Brookfields, Sturbridge and New Braintree. This full-time position is based in our Ware office at 80 Main St. The successful candidate will have strong community journalism skills or the enthusiasm to develop them.

The staff writer will cover municipal meetings, features and general news; essentially everything that unfolds in small towns. Assignments will be for both newspapers as well as other companywide publications.

Qualifications should include:

- Bachelor's degree or equivalent experience
- · Own camera and photography experience preferred
- · Enthusiasm for community journalism
- · Ability to write clean copy in a fast-paced environment

Please email resume and three writing samples directly to Eileen Kennedy Managing Editor at ekennedy@turley.com.



Power Squadron to offer safe boating course

Springfield Power Squadron announced its spring 2020 schedule of safe boatpublic as well as members.

All classes will begin on Wednesday, March 4 at the West Springfield

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Middle School, 31 Middle School Drive. Courses are held on Wednesday nights from 7 to 9 p.m. to 12 weeks. Students pay for text books, materials, and a national fee, if ap-

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ing courses, available to the for approximately eight courses are the ABC basic plicable. Registration can

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be made at the door, with payment at that time or prepay to reserve a seat.

The three scheduled boating course, Boat Handling (normal follow-on course to ABC), and Cruise Planning. Classes are taught by experienced and knowledgeable instructors. The United States Power

Squadron is a nonprofit, boating educational and social organization dedicated to making the water safer, more enjoyable for recreational boaters, and the public at large.

For more information, contact Kevin Abbey at 413-636-4804 (leave message) or via email at rav131en@aol.com.

Wistariahurst Museum to host wine-tasting Feb. 14

HOLYOKE - I Love Wine! will return to Wistariahurst for a special Valentine's Day wine tasting 6-8 p.m. Friday, Feb. 14.

Attendees will sample fine wines from around the world in the historic Skinner family mansion at 238 Cabot St., Holyoke. All will be provided a sampling menu to keep track of the vineyards and vintages, aromas and finishes of the wines they love. Wines will be provided by Liquors44. Light refreshments will be pro-

Tickets are limited and advance purchase is strongly encouraged. Tickets are available for \$30 at www.Wistariahurst.org.

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SALE OF MOTOR VEHICLES UNDER G.L. c.255 Sec. 39A

Notice is hereby given by Interstate Towing, Inc. pursuant to the provisions of G.L. c. 255, section 39A. that on February 14, 2020 at Interstate Towing, Inc the following Motor Vehicles will be sold at private sale to satisfy our garage keeper's lien thereon for storage, towing charges, care and expenses of notices and sale of said vehi-

2005 HONDA ACCORD EX VIN: 1HGCM56725A095893 Jordan Skipper

2 Old House Rd Montgomery, MA 01085 2000 FREIGHTLINER

CONVENTIONAL VIN:1FUPDDZB3YLF46778 Big Gibson Trucking LLC

457 Nathan Dean Blvd Dallas, GA 30132 2007 LEXUS ES 350

VIN: JTHBJ46G772062980 Ahmed Mohammed 1298 Hartford Tpke, Apt 7D North Haven, CT 06473

1/30, 2/06, 2/13/2020

CHICOPEE CITY COUNCIL **ZONING COMMITTEE** LEGAL NOTICE

The Zoning Committee of the Chicopee City Council will hold a public hearing Thursday, February 27, 2020 at 6:30 PM in the Council Chambers, 4th floor, City Hall Annex, 274 Front Street, Chicopee, MA 01013 to discuss the following:

Special Permit application under 275-50 C (1) & C (2) for the purpose of an accessory sign for proposed automobile service station and a waiver of the setback requirements from 25 feet to 5 feet located at a portion of 0 Memorial Drive (Parcel ID 425-38). Applicant – Robert Ladas, Metrolube Enterprises, Inc., 929 Boston Post Rd East, Malborough, MA 01752.

Information - Office of the City Council (413) 594-1435. 2/13, 2/20/2020

CHICOPEE CITY COUNCIL ZONING COMMITTEE LEGAL NOTICE

The Zoning Committee of the Chicopee City Council will hold a public hearing Thursday, February 27, 2020 at 6:30 PM in the Council Chambers, 4th floor, City Hall Annex, 274 Front Street, Chicopee, MA 01013 to discuss the following:

Special Permit application under 275-67 & 275-67 (K) 3)(b) for the purpose of the construction of a proposed multi-family development and waiver of parking requirement from 88 to 75 spaces located at 0 Oak Street (Parcel ID 147-5H). Applicant – Craig Authier, 1421 Granby Rd., Chicopee, MA 01020.

Information - Office of the City Council (413) 594-1435. 2/13, 2/20/2020

CHICOPEE CITY COUNCIL ZONING COMMITTEE LEGAL NOTICE

The Zoning Committee of the Chicopee City Council will hold a public hearing Thursday, February 27, 2020 at 6:30 PM in the Council Chambers, 4th floor, City Hall Annex, 274 Front Street, Chicopee, MA 01013 to discuss the following:

Special Permit application under 275-58 for the purpose of ground sign waiver of 25 feet setback to +/- 1.9 feet located at 30 St. James Avenue. Applicant – Ning Sun, 30 St. James Ave., Chicopee, MA 01020.

Information - Office of the City Council (413) 594-1435. 2/13, 2/20/2020

CHICOPEE CITY COUNCIL ZONING **COMMITTEE** LEGAL NOTICE

The Zoning Committee of the Chicopee City Council will hold a public hearing Thursday, February 27, 2020 at 6:30 PM in the Council Chambers, 4th floor, City Hall Annex, 274 Front Street, Chicopee, MA 01013 to discuss the following:

Special Permit application under 275-52 for the purpose of gentle non-force chiropractic care holistic counsel yoga, nutrition, activity, rehab, relaxation approximately 3-5 days per month located at 70 Waite Ave. Applicant - Ruth Ziemba, 12304 Santa Monica Blvd, Suite 216, Los Angeles, CA 90025.

Information - Office of the City Council (413) 594-1435. 2/13, 2/20/2020

CHICOPEE CITY COUNCIL ZONING COMMITTEE LEGAL NOTICE

The Zoning Committee of the Chicopee City Council will hold a public hearing Thursday, February 27, 2020 at 6:30 PM in the Council Chambers, 4th floor, City Hall Annex, 274 Front Street, Chicopee, MA 01013 to discuss the following:

Special Permit application under 275-30 for the purpose of keeping a storage POD in driveway for a period of one year (need basement waterproofed after house getting frozen pipes - late oil delivery - storage of books and clothes) located at 104 Ann Street. Applicant – Halyna & Tom Adamchak, 104 Ann St., Chicopee, MA 01020.

Information - Office of the City Council (413) 594-2/13, 2/20/2020

CHICOPEE CITY COUNCIL ZONING COMMITTEE LEGAL NOTICE

The Zoning Committee of the Chicopee City Council will hold a public hearing Thursday, February 27, 2020 at 6:30 PM in the Council Chambers, 4th floor, City Hall Annex, 274 Front Street, Chicopee, MA 01013 to discuss the following:

Special Permit application under 2/5-62 (B) for the purpose of warehousing and storage not to exceed 200,000 square feet and 6,500 storage units located at 165 Front St. Applicant – 4 Perkins, LLC, Aaron Papowitz, 307 W 38th St., Suite 1414, New York, NY 10038

Information - Office of the City Council (413) 594-1435. 2/13, 2/20/2020

Commonwealth of

Massachusetts

Hampden, ss.,

Western Division **Housing Court Docket No. 19-CV-378** City of Chicopee **Christs Community** Church F/K/A Third Congregational Society, SUMMONS BY **PUBLICATION**

To: Christs Community

Church F/K/A Third **Congregational Society**

A Petition to Enforce the State Sanitary Code has been filed in the Western Division Housing Court concerning the property located at 103-105 Springfield Street, Chicopee, Massachusetts.

Any person having a connection to this property or information as to the whereabouts of the owner is instructed to contact the Chicopee Law Department, 17 Springfield Street, Chicopee, MA 01013, in writing, no later than March 6, 2020. 2/13/2020

Legal Notice The Annual Meeting of **Corporators of Country** Bank for Savings will be held on Monday, March 9, 2020, at 5:30 p.m. at 29 Stallion Hill Road, Sturbridge, MA for the election of Corporators, Trustees and Officers along with any other business as required

Susan Rutherford Clerk of the Corporation 2/13/2020

by law and the Bylaws of

Country Bank for Savings.

Commonwealth of Massachusetts The Trial Court **Probate and Family Court Hampden Division** 50 State Street Springfield, MA 01103 (413)748-8600 Docket No. HD20P0132EA Estate of: Julie Marie Leonard Date of Death: November 20, 2019 INFORMAL PROBATE

To all persons interested in the above captioned estate, by Petition of Petitioner **Deborah A. Bloom** of West Springfield, MA a Will has been admitted to informal

PUBLICATION NOTICE

Deborah A. Bloom of West Springfield, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

2/13/2020

CHICOPEE CITY COUNCIL **ZONING COMMITTEE**

LEGAL NOTICE The Zoning Committee of the Chicopee City Council will hold a public hearing Thursday, February 27, 2020 at 6:30 PM in the Council Chambers, 4th floor, City Hall Annex, 274 Front Street, Chicopee, MA 01013 to discuss the following:

Ordinance Amendment-Add to Chapter 275-40 E (5) "Commercial Use Parking Restrictions." Full text available in the City Council Office. Applicant: Ward 7 Councilor William Courchesne, City Council Office, City Hall Annex, 274 Front St., Chicopee, MA

Ordinance Amendment -Delete in its entirety Chapter 275-66 A and insert revised Chapter 275-66 A Burnett Road. Full text available in City Council Office. Applicant: Ward 6 Councilor Derek Dobosz, City Council Office, City Hall Annex, 274 Front St., Chicopee, MA

Information - Office of the City Council (413) 594-1435. 2/13, 2/20/2020

Commonwealth of Massachusetts **The Trial Court Hampden Probate and Family Court** 50 State Street Springfield, MA 01103 (413)748-7758 Docket No. HD20P0175EA Estate of: Gladys M. Protz Date of Death: 12/13/2019 CITATION ON PETITION FOR **FORMAL** ADJUDICATION

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Beverly Wallace of Conway SC requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Beverly Wallace of Conway SC be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administra-

IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of **02/26/2020**.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE **MASSACHUSETTS** UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administra-

WITNESS, Hon. Barbara M Hyland, First Justice of this Court. Date: January 29, 2020

Suzanne T. Seguin Register of Probate 2/13/2020

Commonwealth of Massachusetts The Trial Court **Probate and Family Court Hampden Division** 50 State Street Springfield, MA 01103 (413)748-8600 Docket No. HD20P0183EA **Estate of: Anna Przybyl** Date of Death: 10/31/19 INFORMAL PROBATE **PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner Danuta Glaszcz of Chicopee, MA a Will has been admitted to informal probate.

Danuta Glaszcz of Chicopee, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative

and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. 2/13/2020

INVITATION FOR BID **CHICOPEE** ELECTRIC LIGHT 725 FRONT STREET, CHICOPEE, MA 01020 BID NO. CEL #33 ISSUE DATE: FEBRUARY 13, 2020

Sealed proposals are being accepted for: "SURPLUS DISTRIBUTION TRANSFORMERS FOR

Inquiry forms may be picked up at the business office located at 725 Front Street, Chicopee, MA 01020, between the hours of 8:30 AM and 4:00 PM, Monday through Friday. It is the intent of Chicopee Electric Light to award by Lump Sum.

BID OPENING DATE, TIME AND LOCATION: Thursday, March 5, 2020 at 11:00 A.M. at Chicopee Electric Light, 725 Front Street, Chicopee, MA 01020-

BIDS WILL ONLY BE ACCEPTED IN DUPLICATE, SEALED IN AN ENVELOPE, CLEARLY MARKED WITH THE INQUIRY NUMBER AND TITLE. Proposals must be returned on or before the time specified. Postmarks will not be accepted. Bids will be received at the business office or by mail at Chicopee Electric Light, 725 Front Street, Chicopee, MA 01020.

The Department reserves the right to reject any or all proposals, or to accept any proposal that in the opinion of the Municipal Light Board, is in the best interest of Chicopee Electric Light.

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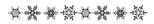
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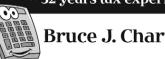
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IN THE CITY

COOKING from page 1

kitchen appliances to becoming ServSafe certified, participants benefit from the hands-on course in a variety of ways.

"Basically, everyone's going to get older and people are going to move out. Learning how to cook is important because it's going to be big part of your life," said Thomas Mercede, an eighthgrade student.

The course allows students to extend beyond their comfort zones in a creative manner. It also creates a unique, healthy setting for socialization.

"We can engage with the other grades." said seventh grade student Kayla Chhoun, further explaining her affinity for the course. "I feel successful when everything is finished and comes out well. My favorite part is eating."

Numerous students proudly stated that they've been able to cook for their families by implementing knowledge learned in class. Mercede gave his take on the course's value.



Mackenzie Campbell, Thomas Champagne, Steven Sampson and Thomas Mercede stand in a Bellamy kitchen that serves as home to the course "Science to Cooking."

"You're using things that you'll use in the real world; knives, a stove and things that you normally see your parents do in the kitchen. It's a little different because

now you're the one getting the hands-on experience; you're the one who's cooking," he said.

Mercede compared the feeling to that of "seeing the world through the chef's eyes" instead of the student who just walked in. Furkey believes that the course is worthwhile for that reason.

"It's really important because a lot of the kids don't know how to cook and they're not allowed to cook at home," she said. "This builds their conference; the pride they take in what they make is amazing. They take joy in it, and they all get to try the food. The students also love when the teachers try their food."

Chhoun, a visual learner, is of the opinion that "Science Intro to Cooking" is "less stressful" than other classes. She credits the environment for enabling her to better absorb information and encourages other students to participate in the future



Mackenzie Campbell stands beside a stove that was recently donated to Bellamy Middle School by a former student who took a cooking class in the school in 1993.

"It teaches [us] that you can't give up and you have to work hard to finish what you start. If we mess up, we can retry it because it's about learning," said Chhoun.

A large portion of the equipment used in the course has been donated to the school. The program was recently given a stove by a former Bellamy student who took a cooking course at the school in 1993.

In addition to the stove, Bellamy is also the beneficiary of three microwaves, three food processors and a dishwasher, said Furkey. Each donation is completed via DonorsChoose; on the site, prospective donors can view specific schools and view their posted needs.

"We currently have two DonorsChoose activities for a kitchen island with some utensils to make a fourth station for cooking because the class is popular," said Furkey.



"Science to Cooking," a Bellamy Middle School course, requires students to study and practice cooking to improve their culinary skills.

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